

Heather Meadows grew up on family land in rural Oklahoma. She married her high school sweetheart in 1999 and they welcomed four children into their lives over the next decade. In 2012, Heather graduated from The University of Oklahoma with a Bachelor of Science in Nursing. She is honored to use her own patient experiences of overcoming a life-threatening injury in her work as a neonatal nurse, writer and speaker. Heather serves events, conferences, schools, businesses, banquets and churches through inspirational and motivational speaking and is currently writing a personal memoir about persevering through life's painful places. She and her husband, Brandon, are raising their children on the land where she grew up with two cats, a horse and her favorite black lab Ruby Sue.